

# **ANNUAL REPORT** FOR THE YEAR OF 2022 - 2023

Submitted By,

Swami Vivekananda Medical Mission,

Muttil PO, Kalpetta North, Wayanad District, Kerala.

ARISE, AWAKE AND STOP NOT TILL THE GOAL IS REACHED

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# <u>CHAPTER 1</u> ORGANIZATION PROFILE

# **About The Organization**

#### Swami Vivekananda Medical Mission

With the mission of upliftment of our tribal brethren, the Swami Vivekananda Medical Mission started its journey in 1972. After the arrival of Dr. DD Sagdeo from Nagpur in 1980, the mission has grown into a 20 bedded hospital with full time resident medical officers, visiting specialists, para medical staff and dozen helpers and volunteers. Through mobile clinics and medical camps, the mission could reach out the tribal community in remote villages. The mission was registered on 16th December 1981 under Societies Registration Act of 1860.

The mission now leads a number of socio-medical services in Wayanad, the predominant tribal district of Kerala. The mission is running various Education and literacy, cultural and socio economic, Health and family welfare, Tribal affairs, and vocational training programs.

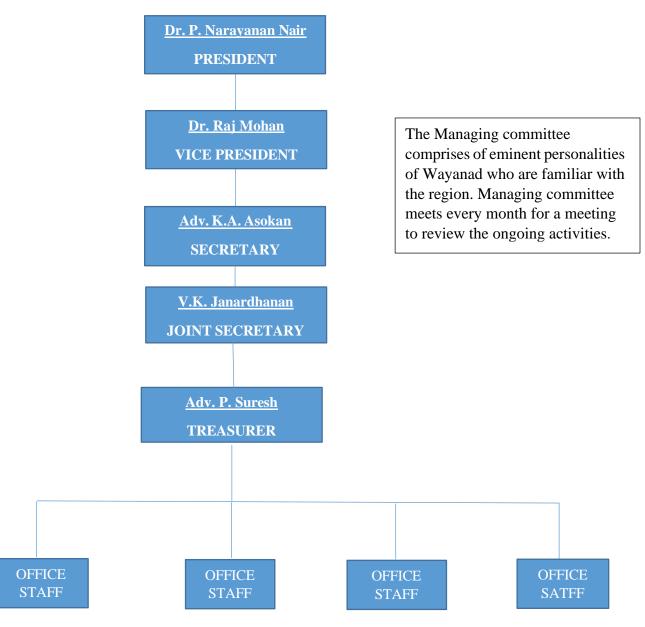
Ministry of health and family welfare, Government of India had selected the mission as mother NGO for the District of Wayanad for the implementation of reproductive and child health program. Scheduled Tribe Development Department, Government of Kerala is sponsoring the Bamboo craft unit, a project for the rehabilitation of Sickle Cell Anemia patients. They are trained to make Bamboo handicrafts benefiting to people. The project envisages training for production and sales, so that the patients can become self-reliant.



CAPART (Council for the Advancement of People's Action and Rural Technology) had selected the Mission for the formation of Self Help Groups for women from SC/ST communities. Tribal Integrated Development and Education Trust (TIDE),

Mumbai extends their support for running Gramin Vidya Kendras (One Teacher Schools) at 125 remote locations of Wayanad District. Considering the work done by Swami Vivekananda Medical Mission, various grants were sanctioned over a period of time. SEWA international is supporting the Sickle Cell Anemia Disease project from 2022.

The Mission had registered in NGO Darpan Portal maintained by Niti Ayog, Govt of India.



#### **ORGANIZATIONAL STRUCTURE - SVMM**

# <u>CHAPTER – 2</u> <u>PROJECT DETAILS</u>

#### Details of the projects of the NGO funded by the Ministry of Tribal Affairs

With the motto of "May all be healthy" two major projects are undergone under the mission.

- 1. Hospital Project
- 2. Mobile Dispensary.

# <u>Hospital Project</u>

Swami Vivekananda Medical Mission Hospital is located in muttil around 5km from district headquarters of Wayanad named Kalpetta. The mission has started its activities by opening a small dispensary at muttil in 1972 for our tribal brethren. Now it's marginally growing as a well-equipped hospital with three medical officers, specialist doctors, full time residents, nurses and other para medical staffs. The hospital are providing the following provisions to the public.

- The hospital outpatient departments are serving to nearly 200 patients a day and this service is completely free for tribal patients.
- **4** Medical dispensary is available near OP premises (Free for tribal patients).
- Having 50 bedded general ward for men and women in separate sections with nursing stations.
- **Winor operation theatre is available for attending needy cases.**
- Well-equipped laboratory is functioning with X.RAY, ECG and other cardiac assistance.
- **4** Radiology facilities are available with ultrasound and endoscopy services.
- Running multi-speciality clinics (Cardiology and Urology OP) in specific days.
- **4** Counselling centres are available for required patients.
- **4** Full time Ambulance service is available in the hospital premises.
- **4** Regular dental clinic is functioning in the hospital premises (except Sunday)
- **4** Sickle Cell Anaemia Disease control Program.
- **4** Revised National Tuberculosis Control Program (RNTCP).



General OP



Dental OP





Cardiology OP

Medical Laboratory



General Ward

#### Mobile Dispensary

SVMM highly working on the concept of providing health care at the door steps of Vanavasis as it is difficult for sick patients to travel long distance with poor road connectivity and transportation. Mainly for the old aged, Ladies and children, it is a big deal to travel under these circumstances. There hamlets are situated in the peripheral area of dense forests or deep into hilly terrains. A mobile dispensary unit of the mission leaves almost every day to far and remote areas of Wayanad through kutcha roads to reach the vanavasi patients living in the deep forest areas. Residents of these hamlets will get the facilities of hospital at their door steps. The Mobile Dispensary has all the necessary medicines, equipments, Doctors and paramedical staff to provide treatment. The Vanavasis eagerly wait to get examined, report medical problems, to receive medicines and treatment. Some patients may refer to hospital by doctor for detailed medical investigations. As a result of these hectic efforts of mission, a tremendous change is visible in the standard of living of Vanavasi people. In this reporting year, we have conducted 285 free medical camps in the tribal hamlets.





# <u>CHAPTER – 3</u> SOURCE OF FUNDING

# Source of funding

The major financial support for mission activities is provided by the following organizations and personnel.

- 1. Ministry of Tribal Affairs, Government of India.
- 2. Tribal Integrated Development and Educational Trust (TIDE) Mumbai.
- 3. SEWA International.
- 4. Justice P.K Vaidyar and Rukminiyamma charitable foundation.
- 5. Kesava Srushti.
- 6. Sri, Vivek Sagdev.

#### CHAPTER - 4

#### **DETAILS OF FUNDS RECEIVED FROM THE MINISTRY**

# **Details of funds received from the ministry**

Date	Particulars	Voucher Type	Voucher Number	Debit	Credit
27-Feb-2023	By State Bank of India A/c No:10738269630, Grand received from Ministry of Tribal affairs (Second instalment)(Hospital Project – 2021-22)	Receipt	772		6,90,184.00
	By State Bank of India A/c No:10738269630, Grand received from Ministry of Tribal affairs (Full instalment)(Mobile Dispensary Unit - 2021-22)	Receipt	773		10,60,425.00
	By State Bank of India A/c No:10738269630, Grand received from Ministry of Tribal affairs (First instalment)(Mobile Dispensary Unit – 2022-23)	Receipt	842		7,95,319.00
30-Mar-2023	By State Bank of India A/c No:10738269630, Grand received from Ministry of Tribal affairs (First instalment)(Hospital Project – 2022- 23)	Receipt	843		24,92,367.00
To Closing Balance				50,38,295.00	

#### CHAPTER - 5

#### ASSETS OF THE ORGANIZATIONS RELATING TO THE PROJECTS

#### Assets of the organizations relating to the projects

- **4** SWAMI VIVEKANANDA MEDICAL MISSION HOSPITAL.
- **4** MOBILE DISPENSARY.
- **4** SIX SUBCENTRES.
- **4** SWASTHYAMITHRA PROJECT.
- **4** SRI SANKARA VIDYA NIKETHAN UP SCHOOL, CHERUKARA.
- ↓ ONE TEACHER SCHOOLS (GRAMINA VIDYA KENDRA).
- **4** BAMBOO CRAFT PROJECT.
- ↓ VOCATIONAL TRAINING CENTER (TAILORING UNITS).
- BSS SCHOOL OF PATIENT CARE AND LAB TECHNICIAN (Offering Diploma in Medical Laboratory Technician [DMLT] and Patient care course).
- **4** YOGA VIDYALAYAM.

#### CHAPTER - 6

#### **ACTIVITIES UNDERTAKEN**

#### Activities Undertaken

#### Hospital Project

- 1. Serving inpatient and outpatient services without fail for the needy and giving proper medical assistance as per the intensity of their disease or condition.
- 2. Creating a human friendly atmosphere in the hospital while patient and withstanders visiting to OP or IP through proper communication from staff.
- 3. Three medical officers are available in day times (The number will be two, if one doctor will go for medical camp). In case of any emergencies, a doctor is available in night shift.
- 4. Fully functioned medical laboratory is running in day times and make sure to complete all the prescribed tests as per the required time.
- 5. Specialised medical team is available to attend sickle cell anaemia disease cases in 24\*7.
- 6. Medical Pharmacy is running in full swing and make sure to provide all the medicines to patient as per consultant prescription.
- 7. Speciality clinics (Urology & cardiology) are available in particular days in the hospital.
- 8. Providing free food to tribal patients.
- 9. Providing psycho social support through counselling to patients.
- 10. Making sure to get the medical Ambulance service for the needy without any delay.



11. Tireless works and activities are planning to execute for highlighting our motto "May all be healthy".

## **Mobile Dispensary**

- 1. Conducting medical camps at the hilly terrains and dense forest areas for serving good medical treatment to the Tribal people.
- 2. Making sure to get the medical personnel (such as doctors, nurses and other para medical staff) assistance to the vananvasis,
- 3. Awareness sessions being conducted for the tribal people to know more about seasonal diseases and its prevention methods.
- 4. Collecting blood samples from the people those who are affected or associated with sickle cell anaemia disease.
- 5. Medicines are being provided to patients as per the doctor's advice in the camp.
- 6. Trying hard to serve the best medical treatment for all Vanavasi people at their door steps.



# <u>CHAPTER -7</u> <u>BENEFICIARIES UNDER THE PROJECTS</u>

## **Beneficiaries under the Projects**

Tribal communities: The tribal communities in Wayanad are the major beneficiaries of our projects. We are tirelessly working to make sure the tribal Vanavasi communities are getting proper facilities to upgrade their standard of living.

General Public: Swami Vivekananda Medical Mission hospital is becoming as the prime health care destination for the people in Muttil locality.

Women and Children: Giving the best health care services exclusively for women as the separate hospital ward section for them along with good medical treatment for their disease and its conditions.

HOSPITAL OUT PATIENT – 2022 -23						
TR	IBE	NON TRIBE				
MALE	6187	MALE	4830			
FEMALE	14261	FEMALE	17586			
TOTAL	20448	TOTAL	22416			

**Statistics** 

HOSPITAL IN PATIENT – 2022-23							
TR	IBE	NON TRIBE					
MALE	1266	MALE	1078				
FEMALE	1421	FEMALE	1437				
TOTAL	2687	TOTAL	2515				

# <u>CHAPTER – 8</u>

# **OUT PUTS & OUTCOMES**

#### Out puts & Outcomes

#### **Outputs**

- 1. In total 67765 individual were benefitted by our medical services. 42868 patients are outpatients, out of that 5172 people are inpatients. Total 7659 individual got free medical assistance at their door steps through conducting 285 medical camps in their colonies. Swasthya Mithra first aid has been provided to 17238 people. 13762 lab tests has been done. Moreover, 45346 tribal patients were used this medical aid very wisely.
- 2. Around 50 Sickle Cell Anemia Disease (SCD) patients are visiting in hospitals to access free diagnosing, treatment and counselling facilities. On an average monthly 400 sickling tests and 240 HPLC and electrophoresis tests are being done. Yoga therapy were provided for 22 SCD patients. Behavioral therapy session were conducted for 22 SCD patients. Physiotherapy were benefittedfor 80 SCD patients. Marriage counselling were provided for 132 SCD patients.
- 3. 115 SCD medical camps were conducted since December 2022. Total 1904 blood samples were collected, out of that, 18 HbSS (SCD) and 242 HbAS (SCD trait) found positive. Rest1613 were negative and 27 testing errors happened. As a result of 926 health cards has been distributed. More than 5000 people getting free medical assistance at their door steps through mobile medical units.
- 4. Reached out 1058 individuals through health education programs. Printed and being distributed 14000 copies of SCD awareness templets in the tribal colonies. Around 100 people are being educated about the disease and its prevention pattern.
- 5. Established 1 bamboo craft center at SVMM and through that 5 SCD patients and their families are getting benefitted, Established one tailoring center- 15 ladies are getting trained, and two computer center- more than 40 people are getting benefitted.

#### **Outcomes**

- 1. The people are ready to reach out hospital for testing to make sure they are not a carrier or a diseased person before getting into a relationship or marriage.
- 2. The public are voluntarily coming up to make sure they are not affected with SCD.
- 3. Getting positive responses from the communities in repeat SCD medical camps and also there is a visible change in the level of their awareness about disease.
- 4. SCD patients get benefitted by the socio economic rehabilitation projects and its helping them to build self confidence and self-esteem in life.

# <u>CHAPTER – 9</u>

# **OTHER PROJECTS BEING RUN BY THE ORGANIZATION &**

# SPECIAL PROGRAMS

#### Other projects being run by the organization & Special Programs

#### **<u>SICKLE CELL ANEAMIA DISEASE PROJECT</u>**

Sickle cell disease is the most common genetic disorder affecting the RBCs (Red Blood Cells) in humans – a condition in which there are insufficient healthy RBCs for the transport of adequate oxygen in the body. Millions of people are affected by SCD throughout the world. In India, this genetic disorder is more prevalent among the tribal communities of Orissa, Madhya Pradesh, Maharashtra & Gujarat. In Kerala SCD is found among the Kuruma, Paniya, Naikya and Chetti communities of the Wayanad district and in Attappady area of the Palakkad district. SCD is known to cause high morbidity and mortality in among these communities.

Sickle cell anemia is an autosomal recessive disorder caused by defective hemoglobin (HbS). When the RBCs get deoxygenated, they change into a sickle shape and become rigid and sticky. This causes Vaso occlusion and hypoxemia in various parts of the body as well as the premature death of RBCs. This leads to malfunctioning of the body systems in various ways and causes symptoms like periodic episodes of pain, dactylitis, jaundice, anemia, fever & frequent infections, exhaustion, dehydration, etc., and complications like stroke, splenic sequestration, splenomegaly, acute chest syndrome, pulmonary hypertension, RTIs, avascular necrosis, blindness, leg ulcers, gallstones and malfunctioning of kidney, liver etc. Thus, their life expectancy is reduced compared with that of the general population. A recent study estimated the life expectancy of adults with SCD to be 40-54 years.

Living with SCD disrupts the socio-economic stability and safety of the people hence it leads to the poverty-stricken tribal brethren's life further weaker and more miserable. There is no safe & permanent cure for people with SCD, but treatment can relieve pain and help prevent associated symptoms and further complications of the disease. Since lifestyle habits like addiction to alcohol, tobacco and drugs, also improper nutrition and sanitation play a big role here, that echoes the need for proper health education and a helping hand in this community.

Swami Vivekananda Medical Mission began its long journey in 1972 as a free dispensary in Muttil, Kerala's Wayanad district, with a vision for the upliftment of our tribal brethren. The presence of Sickle Cell Anemia disease among the tribal people of Wayanad was discovered first by the Mission and brought to the attention of the Government and the AIIMS, New Delhi by Dr. D.D. Sagdeo, the Mission's chief medical officer. A survey was conducted at our request with the assistance of AIMS New Delhi. Diagnosis, treatment, and counselling was conducted by the medical mission. As a result, the district has noticed a significant increase in SCD awareness. The medical mission has started a "Sickle Cell Disease Control Programme" aimed to eradicate this disorder and its vulnerabilities as well as to improve the quality of living in the SCD-affected tribal community and weaker section of our society.

# AIMS & OBJECTIVES

- To conduct special medical camps for SCD
- To take survey especially in tribal communities / weaker sections of Wayanad district (Kerala), targeted population of Tamil Nadu & Karnataka.
- To Collect samples from the suspected patients
- Data screening and verification
- To Provide necessary treatments including Yoga Therapy sessions
- Marriage Counselling
- Conducting Health education programmes
- To spread awareness on Tobacco, Drugs & Alcohol de-addiction through wellness program
- To establish socio-economic rehabilitation projects for SCD patients

"This project has been initiated from 01/08/2022 among various tribal colonies and Vananvasi communities across the Wayanad district of Kerala"

# Key Tasks

- 1. Developing basic infrastructure facilities for diagnosing, treating and counselling of sickle cell anaemia disease.
- 2. Conducting sickle cell disease medical camps at the affected communities for collecting blood samples and screening the intensity of disease.
- 3. Conducting health education awareness programmes in the affected hamlets for making the people to understand how the disease is affecting their personal and family life. Also issuing awareness templates in colonies to understand the prevention possibilities of SCD.
- 4. Establishing Socio- Economic Rehabilitation projects in the communities for the SCD patients. For that, established a bamboo craft project and tailoring centre to spend their time qualitatively. This movement is very much helpful for the patients to reduce their mental stress and will enhance positive mental attitude. In addition, they are getting financial benefits through selling products in the markets or to people.

# **Activities**

- 1. Conducting sickle cell disease medical camps at the affected communities for collecting blood samples and screening the intensity of disease.
- 2. Conducting health education awareness programmes in the affected hamlets for making the people to understand how the disease is affecting their personal and family life. Also issuing awareness templates in colonies to understand the prevention possibilities of SCD.
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This project is being funded by SEWA USA with the support of SEWA BHARATH and SEWA INTERNATIONAL. The amount will be allocated as per the submitted budget in required intervals. The detailed project progress report and grant utilization report is mandatory to send every year to the authorities of SEWA USA for verification.

# 4 Sree Sankara Vidya Nikethan Tribal UP School

This school is that has been functioning since 2002 at Cherukara Vivekananda Nagar in Cherukara, Manathavadi Taluk. This educational institution was started in a situation where there was no other primary educational institution within radius of 5 or 6 kilometres. This school is the soul of support for most of the children in this area. Currently, out of 116 children, 90 children belongs to forest dwellers. The rest are children from socially and economically backward families. Now 13 teachers and 2 non-teaching staffs are working here.



The Sree Sankara Vidya Nikethan is affiliated to Vidya Bharathi under MHRD NIOS, Govt. of India with AA code QBO914116. The school is imparting free modern education with value along based educational modules (Such as Panchanga Sikshanam) to

children. Midday meal, uniforms and educational kit is also providing with free of cost. Special class rooms are also provided for moral education, Sports activities, Music lessons, Arts and cultural performances. The language studies are ensured in Sanskrit, Hindi and English along with mother tongue Malayalam.

Tribal Integrated Development and Education Trust (TIDE) Mumbai, Kesavasrishti Mumbai, Helping aid Association Kochi, SEWA international and the kind persons like Sri Vivek Sagdev are our major funding resources for this project.

#### **Rural Educational Centres AKA One Teacher Schools**

This is an educational movement that has been implementing in the Vanavasi villages of Wayanad district since 2006. 125 one teacher schools are functioning in all the Panchayats and Municipalities across the district. More than 2000 children reach the above said centres as students for 2 hours



continuous study classes in 5 days of a week. These classes are being attended by ongoing school students and non-school going children in forest villages and also those who have been dropped out in between. As part of this project, along with teaching

the subjects, we are emphasising the prevention of school dropouts and bringing back the dropouts to school through motivations and encouragements activities. Apart from the text book studies, special attention is given to extracurricular activities and given encouragement in the field of arts. Mainly, the educated mothers and young women are performing as the teachers in rural educational centres. Monthly teacher meetings are organized to enhance the academic quality of the teachers. Apart from this, four days residential study camps will be conducted in two times in a year for teachers. Currently, 125 teachers are offering their services in the 125 centres. More than 100 Vananvasi students has been cleared SSLC exam with high marks. Most of the students have gone to higher studies and more than 1000 alumini have already joined with this mission. A handbook has been prepared for teachers named as "Lightings".

This project is being implemented with the financial support and guidance of the Tribal Integrated Development and Education Trust (TIDE) from Mumbai.

#### 4 Child Cultural Centres AKA Balasamskarakendras

Weekly cultural classes considered as child cultural centres which held in the villages where the Rural educational centres are functioning. The teachers from rural educational centres are taking a two hours session about general

knowledge, entertainment and cultural activities for students in every week. National celebrations, Birthday celebrations of eminent personalities and other public events are also catered in the session. Yoga classes, Bagavath Gita lessons, Subhasita study, Moral stories discussion, Games for mental ecstasy etc. are also performing here for students.



#### Swasthyamithra Scheme

The project was started in 1997 with the purpose of extending the mission's service projects, especially health services to the backward rural areas and isolated remote villages of the district. Specially trained personnel are brought



in with the aim of bringing health care and primary care to every family of tribal Vanavasi community. The team is examining the basic health condition of the people and provides needed care and guidance. Those in need of further treatment are identified the primary care will be given and then referred to hospital for detailed medical investigations.

Free medical camps and health awareness programs are being organized in the villages. At present 108 Swasthyamithra volunteers are working under this project. On an average, 17,238 patients are treated annually through this scheme. As a guide for Swasthyamithra practitioners, Arogya Bindu handbook has been prepared and distributed.

#### Self Help Groups

There are 30 self-help groups are working in the self-help sector. Various programs being conducted by SHG's to bring women into the mainstream, such as saving habits, job trainings, awareness discussions on social and cultural issues, starting employment initiatives and so on.

## Sub Centres

The mission is working as a centre in Muttil of Wayanad district. Apart from the Bateri hospital, sub centres are functioning at Chulliyod, Kannankode, Muthanga, Cherukara, iramanthur and Niravilha areas. Daily medical camps, Special medical camps, health awareness programs and other cultural programs are also organized in the sub centres.

#### **Special Programs**

# ↓ <u>District level Mother's Meeting on October 2<sup>nd</sup> 2022</u>

As part of drug abuse prevention and awareness programme, a district level meeting of mothers has been conducted on the auspicious occasion of Gandhi Jayanthi day 2<sup>nd</sup> of October 2022. "Motherhood is Leadership" was the tagline of the programme and this prosperous program inaugurated by Mrs.Vidhubala (Actress and social worker) in the presence of 685 mothers from 26 Gram panchayats of the district. The keynote speech was given by Swamini Sivanandapuri from Advaithasramam Kollannor. Adv. Vavitha S Nair, Anitha Janardhanan and Vatsala Ravindran spoke on the occasion. As part of the program there were various art performance of mothers.



Mrs. Vidhubala is lightening the lamp for the ceremony



Swamini Sivanadapuri is addressing to the mothers

# Inauguration of Sickle cell disease control project in connection with Swami <u>Vivekananda Jayanthi on 8<sup>th</sup> of January 2023</u>

As part of Swami vivekakanda jayanthi golden jubilee celebrations, our Hon'ble Minister of State for Tribal Affairs - Smt. Renuka Singh Saruta inaugurated the Sickle cell disease control project on 8<sup>th</sup> of January 2023. This sickle cell disease control project is being implemented with the guidance and support from SEWA international for the purpose of eradicating sickle cell disease from Wayanad district and Nilgiri district of Tamilnadu.

Dr. P. Narayanan Nair (President, SVMM) delivered the presidential address. Mr. P.P Suresh Babu (Joint Secretary, All India Vanavasi Kalyanshram) was given the key note speech. Mr. U.N Haridas (State Sewa Pramugh of Sangh), Dr. V. Narayanan (State Vice president of Sewa Bharthi) and Sri. Vikram Manic spoke on the occasion. Adv. K.A Asokan (Secretary, SVMM) presented the report. Dr. P. Sivaprasad (Chairman, Inaugural committee) given the welcome speech and Dr. Rajmohan addressed the vote of thanks on the occasion.



Hon'ble minister is lightning the lamp of the function



Hon'ble minister is addressing to the audience





Hon'ble minister is switching on the Sickle cell anemia detection machine

Hon'ble minister is interacting with patients

# <u>CHAPTER - 10</u> <u>FINANCIAL STATEMENT</u>

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**Financial Statement**